

During times of great sorrow and trouble, Pray!

Only God provides complete comfort when you are overwhelmed (36-40)

Only God provides the specific plan and the needed power over temptation (41-43)

Only God provides the strength to endure whatever challenge you face (44-46)

Questions for Discussion:

Have you ever had a time in your life when you were completely overwhelmed?
If so, what was happening?
How did you respond to it?
What role did prayer play at that time?

What are some ways the world, our flesh, and the devil work against us?
How can we as Christians resist temptation?

Have you ever had to face a difficult challenge while you were clearly within God's will?
If so, what was happening?
How did you respond to it?
What role did pray play at that time?