

**Put an end to your life of sin (5-7)**

Identity must precede behavior; your position is as victor, you are forgiven.  
We are not given new bodies at salvation; the same flesh we had as non-Christians still has a desire to sin.  
We are to put to death; to kill it! We are to be ruthless in what must be cut off.

**Practice living righteous in your relationships (8-10a)**

Why would you want to put on grave clothes? After you shower, you don't put your dirty clothes back on again.  
We're all dysfunctional in some way; if you don't see it, that's just how dysfunctional you are!  
We put on clean clothes when we get out of the shower. We're washed by Christ, let Him redress us.

**Progress in your maturity with Christ (10b-11)**

The new has come! Work this out... what you can become is what you want to be  
View yourself as a victor – more than a conqueror; that's who you are. As you believe it you will begin to live it out!  
It doesn't matter what your national, ethical, cultural, social, economic, or political distinctions are. There is no distinction.

***Questions for Discussion:***

Why do you think some Christians resist the command to put an end to their life of sin?  
How can understanding our identity in Christ compel us to want to change?  
Are you letting Christ live His life out through you? If not, why not?

Why do you think some Christians would not put aside these relational sins?  
What impact does holding on to these sins have on relationships with others?  
How can practicing the one anothers in community help counter these sins?

Why do you think some Christians don't progress in their maturity with Christ?  
Are there ways your life has demonstrated progress spiritually? If so, how?  
What are some ways you would hope to progress in your maturity with Christ in 2020?